

Vocabulary

bagel: simit bean: fasulve bread: ekmek

butter: yağ cacao: kakao

cacao butter: kakao yağı

calory: kalori

cereal: misir gevreği cheese: peynir chocolate: cikolata coconut: Hindistan cevizi

coconut sugar: Hindistan cevizi şekeri

coffee: kahve cookie: kurabiye croissant: kruvasan cucumber: salatalık egg: yumurta

fried/boiled egg: sahanda/haşlanmış yumurta fruit/orange/apple juice: meyve/portakal/elma

suyu

healthy: sağlıklı honey: bal ingredient: içerik jam: recel

junk food: sağlıksız, abur cubur yiyecek

latte: sütlü kahve

milk: süt

muffin: kapkek mushroom: mantar nutritious: yararlı olive: zeytin omelette: omlet

organic: doğal, organik pancake: pankek pastrami: pastırma protein: protein rolls: sandvic ekmeği

salami: salam sausage: sosis sugar: şeker tea: çay toast: tost tomato: domates

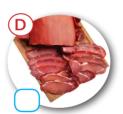
unhealthy: sağlıksız yummy: lezzetli, nefis

EXERCISE 1: Match the words with the pictures.





























2. muffin

3. olives







9. mushroom



www.speeduppublishing.com



14. honey



EXERCISE 2: Choose the suitable word.

- 1) Turkish people eat bread / croissant a lot. Pide is a traditional type of it.
- 2) Bagel / Cheese is very nutritious. It includes a lot of protein.
- 3) Babies drink milk / fruit juice. It is good for them.
- 4) Sarah likes chocolate cookies / honey very much.
- 5) Hike the green color of cucumber / pastrami.
- 6) My grandma always eats bread with toast / jam in the mornings.
- 7) Jane doesn't eat sausage / tomatoes sandwiches because she doesn't like junk food.
- 8) He drinks tea / olives in the mornings.
- 9) There are a lot of calories / coconut in a normal bar of chocolate.
- 10) In England, people eat beans / salami for breakfast. I think it is interesting because we don't eat them for breakfast in Turkey.

EXERCISE 3: Fill in the blanks with the appropriate words.

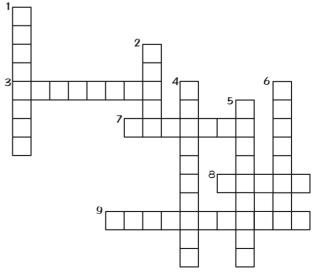


egg / cacao / healthy / coffee / butter/ ingredients/ yummy/ coconut sugar / cereal / organic

1)	My dad likes eating bread with	and honey for breakfast.
2)	l eat with i	milk in the mornings.
3)	Andrew always reads the packet	s of food because he wants to know the
4)	I want to drink	with my muffin.
5)	I need an	to make the strawberry cake.
6)	My mom likes drinking a glass of	orange juice in the mornings because she thinks it is
7)	I try to buy	fruit and vegetables for my family's health.
8)	l prefer using	in my coffee. I think it is better than white sugar.
9)	I love pancakes with fruit. It is rea	lly!
10)	I need some	to prepare the chocolate cake.

EXERCISE 4: Solve the puzzle.

1)	Sausage is an example of it:	
2)	You can put it in your tea:	
3)	Two types of eggs: boiled egg or	
4)	Food useful for health:	
5)	Food bad for health:	
6)	You need eggs to make it:	
7)	Eggs include a lot of it:	
8)	Coffee with milk:	
9)	An ingredient of chocolate:	



www.speeduppublishing.com